

HAVE YOU LOST A LOVED ONE RECENTLY?

When someone we love dies, our lives are changed forever. Loss is a normal part of life... and grief is the normal response to all kinds of losses, not just death.

St. David the King invites you to a series of four sessions on the topic of loss and how it changes our lives. Each session will include video from the “Changed Forever” DVD series. The videos will feature the testimonies of people who have recently experienced a death and how to slowly integrate the loss you have experienced, and the grief that comes with it, into a life that is changed forever.

There will be group discussion for those who would like to share.

There is no pre-work or reading needed to participate in the sessions.

Four Consecutive Wednesday Sessions

October 23 & 30, November 6 & 13

10:00 to 11:15 am OR 7:00 to 8:15 pm

Spiritual Reading Room

All Are Welcome to Join

To register for the four sessions or to ask any questions about the session, please email Al Martella at AFFAL@stdavidtheking.com or call **609-275-7111, ext. 333**.